



MAY
15
2022

I give you a
new commandment:
love one another.

John 13:34

FIFTH SUNDAY
OF
Easter

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Excerpted from the Lectionary for the Year 2001, 1998, 1997, 1986, 1970, CCD.

Holy Family Church

13900 Church Place, Seal Beach, CA 90740 - (562) 430-8170
www.holyfamilysb.com / holyfamily.sb@verizon.net

Rev. Joseph Son Nguyen, Pastor

Sunday Mass Schedule

Saturday Vigil: 5:00 p.m.

Sunday: 8:00 a.m., 10 a.m. & 12 Noon

Weekday Masses

Monday –Saturday: 8:30 a.m.

Our Lady of Perpetual Help Novena: Wednesdays 8:15a.m

Confessions

Saturdays: 4:00 to 4:45 pm / First Fridays 9:00am-9:30am

50th Anniversary Fr. Jim



We are happy to announce the
**50th Anniversary of
Ordination to Priesthood** of
our dear Fr. Jim.

For this special occasion, we are planning
on a special weekend events. Saturday,
June 18th, 6:00 p.m. Dinner at CH2.
Sunday, June 19th, 10 a.m. Mass of
Thanksgiving. **For tickets (\$20 per
person) , please call Fran at (714)334-4488**

PSA 2022 UPDATE

Thank you to the families who have already
pledged to support the mission of our Church.
Now gifts over our goal (\$40,000), will come
back to our Parish. We will use it for needed
building improvements. If you have not made
your pledge, there are brochures in the church
pews or in the office for your convenience.

As today's, **Funds received: \$49,010.00**

Funds raised: \$54,538.00

In need of Eucharistic Ministers to the Homebound

Our ministry to the Seal Beach Rehab Center
has restarted. We are serving more than 30
patients there and we are in need of more
volunteers. If you are interested, please call
the rectory at (562)430-8170

Contributions

Sunday 5/14/2022: \$3,729 Online Giving: \$970.60
Mail-Slot: \$2,040 Mother's Day Novena: \$2,199

Bishops Urge Senators to Oppose the So Called Women's Health Protection Act, S 4132

In response to the leak of a draft opinion
in the Supreme Court case of Dobbs v.
Jackson Women's Health Organization,
the Senate has scheduled another vote to
impose nationwide abortion on demand
through the so-called Women's Health
Protection Act, S. 4132. **Your senators
need to hear from you NOW.**

Among other extreme actions, this most
radical abortion bill ever seen would:

- Impose abortion on demand
nationwide throughout every stage of
pregnancy
- Eliminate existing pro-life
laws nationally AND in every state and local
government
- Force Americans to financially support
abortions in the U.S. & abroad
- Likely force health care providers to
participate in abortions against their beliefs
- Likely force employers and insurers to
cover or pay for abortion

Please contact your Senators today to
let them know this horrible bill must
never become law. Email at:
www.voterveice.net/USCCB/Campaigns/94705/Respond

Joyful Silence (written by Sister Kathie Paradis)



Fr. John Michael Talbot, composer, author and singer often wrote about the challenge of silence and serenity amid the chaos and noise of our frenetic world. It is critical to carve out time and space for a few minutes of silence each day.

I took up the challenge during the pandemic shut-downs. My biggest hurdle was quieting my mind and letting go of striving expectations. With practice it became easier.

My daily life became more serene. I began to experience deeper freedom in Christ. I let go of the tyranny of the urgent and forceful. I let myself hold loosely the tyranny of the most approved and the loudest voice.

The best result of welcoming gentle silences is experiencing the age old wisdom of “Be still and know that I am God”. A phrase from a song from my early teens comes to mind..”to know, know, know him is to love, love, love him and I do.” Like a seed growing in rich dark earth, without knowing how, the seed of love grew and touched my every relationship for the better. Isn’t this risen life in the here and now.

Difficult as it may be in the beginning, being faithful to a few minutes of daily silence, holds grace beyond measure.

So come to the quiet, let God fill your soul...completely.

Oh, and don’t be surprised if you will spontaneously laugh more as you see the funny side of things!

Our Lord has a most marvelous sense of humor, free of any sting. Enjoy Him. Come to His quiet.

Let's Take Action for Mental Health

You may already know that more than half of all Americans will experience a mental illness or disorder in their lifetime. And just about all of us have times when we feel stressed out, anxious, or down. When that happens to you or a loved one, do you know what to do?

Recognizing that you or someone you know could use some support for your mental health is the first step. That means checking in with yourself regularly, and checking in with others to see if they may need help. Then you can take action to get support if it's needed.

Join us and people across California in taking the Take Action for Mental Health Pledge. This is a way to commit to ourselves and the people around us that mental health is a priority and that we will do what we can to support each other.

The Take Action for Mental Health Pledge says: **I Pledge to Take Action for Mental Health**

- I will Check In with myself to identify mental health needs.
- I will Learn More about mental health.
- I will Get Support for my own mental health and support the mental health of others.
- I will share this pledge with others to help them take action too!

To learn more about taking action for your mental health and the mental health of your loved ones, see the Take Action for Mental Health website: <https://takeaction4mh.com/>

Our diocese cares about mental health. For local mental health resources and support, or to join the ministry, visit <https://catholicmhm.org/orange>.

Prayer Intentions for the Week

Monday 8:30 a.m. **May 16**

Mother's Day Novena, Sp. Int.

Elaine Quan, Sp. Int.

Anna Huong Vo, RIP

Pablo Aquino, RIP

Tuesday 8:30 a.m. **May 17**

Mother's Day Novena, Sp. Int.

Susie Lee, Sp. Int..

Joseph Auvaa and children, Sp. Int.

Andy Maffucci, Sp. Int.

Wednesday 8:30 a.m. **May 18**

Anthony Ceballos, RIP

Illuminada Sollorano, RIP

Michael Straciuso, RIP

Thursday 8:30 a.m. **May 19**

Joseph Lee, RIP

George A. Arle, RIP

Thuy Vu, RIP

Friday 8:30 a.m. **May 20**

Peace in Families USA and the world, Sp.Int.

Allen Songco, Sp. Int.

Teresita Mendoza, RIP

Saturday 8:30 a.m. **May 21**

Robert Baker, Sp. Int.

Carol and Herb Shinkle, Sp. Int.

Saturday 5:00 p.m. **May 21**

Ron and LaVerne Haller, Sp. Int.

Souls in Purgatory

Sunday 8:00 a.m. **May 22**

Velma Arle, RIP

Sunday 10:00 a.m. **May 22**

Dan Gillespie, RIP

Brother Thomas Wriugh, C.Ss.R., RIP

Sunday 12:00 p.m. **May 22**

Remo Gustini Mitallet, RIP

Maria Renteria, RIP

Judith Ruth Fait, RIP